

- ²⁴ Then Jesus told his disciples, "If anyone would come after me, let him deny himself and take up his cross and follow me. ²⁵ For whoever would save his life will lose it, but whoever loses his life for my sake will find it. ²⁶ For what will it profit a man if he gains the whole world and forfeits his soul? Or what shall a man give in return for his soul? Matthew 16:24-26 (ESV)
 - _____ to Jesus for freedom & forgiveness.
- 13 "If you want to set your heart right, then pray to him. 14 If you're holding on to sin, put it far away, and don't let injustice live in your tent. 15 Then you will be able to show your face without being ashamed, and you will be secure and unafraid. 16 {Then} you will forget your misery and remember it like water that has flowed downstream. 17 Then your life will be brighter than the noonday sun. The darkness in your life will become like morning. 18 You will feel confident because there's hope, and you will look around and rest in safety. Job 11:13-18 (GW)

Bear your scars with ______

- 8 Jesus said to him, "Get up, take up your bed, and walk." John 5:8 (ESV)
- ¹⁷ From now on let no one cause me trouble, for I bear on my body the marks of Jesus. Galatians 6:17 (ESV)

- ¹⁴ And as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, ¹⁵ that whoever believes in him may have eternal life. John 3:14-15 (ESV)
- ³¹ Now is the judgment of this world; now will the ruler of this world be cast out. ³² And I, when I am lifted up from the earth, will draw all people to myself." ³³ He said this to show by what kind of death he was going to die. John 12:31-33 (ESV)
- ⁹ Go on up to a high mountain, O Zion, herald of good news; lift up your voice with strength, O Jerusalem, herald of good news; lift it up, fear not; say to the cities of Judah, "Behold your God!" Isaiah 40:9 (ESV)

3) Take up God's Armor –

- ¹³ Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. ¹⁴ Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, ¹⁵ and, as shoes for your feet, having put on the readiness given by the gospel of peace. ¹⁶ In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; Ephesians 6:13-16 (ESV)
- ¹² The night is far gone; the day is at hand. So then let us cast off the works of darkness and put on the armor of light. Romans 13:12 (ESV)
- ¹⁵ Can an ax attack the person who cuts with it? Can a saw make itself greater than the person who saws with it? A rod cannot move the person who lifts it. A wooden stick cannot pick up a person. Isaiah 10:15 (GW)



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