



Getting Real 2 #8
What Do I Do When I Feel Defeated & Alone?
By Louie Marsh, 8-6-2017

**1) I make a strong and deeply personal _____
to God.**

¹ O God, you are my God; Psalm 63:1a (ESV)

¹⁶ But Ruth said, "Do not urge me to leave you or to return from following you. For where you go I will go, and where you lodge I will lodge. Your people shall be my people, and your God my God. Ruth 1:16 (ESV)

**2) I admit how deep my _____
really is.**

...earnestly I seek you; my soul thirsts for you; my flesh faints for you, as in a dry and weary land where there is no water. Psalm 63:1b (ESV)

⁴ Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. ⁵ I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing. John 15:4-5 (ESV)

3) I _____ from my past.

² So I have looked upon you in the sanctuary, beholding your power and glory. Psalm 63:2 (ESV)

⁷ then you shall tell them that the waters of the Jordan were cut off before the ark of the covenant of the LORD. When it passed over the Jordan, the waters of the Jordan were cut off. So these stones shall be to the people of Israel a memorial forever." Joshua 4:7 (ESV)

4) Apply what I've learned and _____.

³ Because your love is better than life, my lips will glorify you.

⁴ I will praise you as long as I live, and in your name I will lift up my hands. ⁵ My soul will be satisfied as with the richest of foods; with singing lips my mouth will praise you. Psalm 63:3-5 (NIV)

5) _____ on those goals and let God strengthen & guide me.

⁶ On my bed I remember you; I think of you through the watches of the night. ⁷ Because you are my help, I sing in the shadow of your wings. ⁸ My soul clings to you; your right hand upholds me. Psalm 63:6-8 (NIV)

¹¹ Your pomp is brought down to Sheol, the sound of your harps; maggots are laid as a bed beneath you, and worms are your covers. Isaiah 14:11 (ESV)

6) _____ in God.

⁹ They who seek my life will be destroyed; they will go down to the depths of the earth. ¹⁰ They will be given over to the sword and become food for jackals. ¹¹ But the king will rejoice in God; all who swear by God's name will praise him, while the mouths of liars will be silenced. Psalm 63:9-11 (NIV)

⁷ so that they should set their hope in God and not forget the works of God, but keep his commandments; Psalm 78:7 (ESV)

¹⁷ Command those who are rich in this present world not to be arrogant nor to put their hope in wealth, which is so uncertain, but to put their hope in God, who richly provides us with everything for our enjoyment. 1 Timothy 6:17 (NIV)



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