

## Naked and Afraid pt. 1

Amy Campbell 10/7/18

*“For this reason a man shall leave his father and his mother, and be joined to his wife; and they shall become one flesh.”<sup>25</sup> And the man and his wife were both naked and they felt no shame.” (Genesis 2:18-25)*

- **Naked=** \_\_\_\_\_
- **Vulnerable=** \_\_\_\_\_
- \_\_\_\_\_ **doesn’t happen without vulnerability.**
- **Intimacy=** \_\_\_\_\_

*“When God made Adam, He said, “It is not good for the man to be alone. I will make a helper suitable for him.” (Genesis 2:18)*

- **God is** \_\_\_\_\_ **! We also need each other to be whole.**
- \_\_\_\_\_ **makes us easy prey for the enemy.**

*“The serpent said to the woman, “You surely will not die! For God knows that in the day you eat from it your eyes will be opened, and you will be like God, knowing good and evil.” When the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was desirable to make one wise, she took from its fruit and ate; and she gave also to her husband with her, and he ate. Then the eyes of both of them were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves loin coverings. “They heard the sound of the Lord God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the Lord God among the trees of the garden.” (Genesis 3:1-8)*

- \_\_\_\_\_ **is what drives us to want to hide from God and others, and shame is always from the enemy.**
- **Guilt says, “What I did was bad.” Shame says, “\_\_\_\_\_.”**
- **Shame is rooted in** \_\_\_\_\_.

*“There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.” (1 John 4:18)*

*“Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person is powerful and effective.” (James 5:16)*

- **Vulnerability in healthy community silences** \_\_\_\_\_.

*“This is the message we have heard from him and proclaim to you, that God is light, and in him is no darkness at all. If we say we have fellowship with him while we walk in darkness, we lie and do not practice the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.” (1 John 1:5-10)*

*“My grace is enough for you, because power is made perfect in weakness.” (2 Corinthians 12:9)*

- **Your** \_\_\_\_\_ **is the beginning of God’s power. His power begins where yours ends.**
- **Your greatest struggle is meant to become** \_\_\_\_\_ **—for yourself and others.**