



Authentic Spirituality, #8
How To Live A Balanced Life, Eph. 4:1-13
By Louie Marsh, 4-19-2020

1) _____ my talk with my walk.

¹ *I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, Ephesians 4:1 (ESV)*

4 Ways to do this:

² *with all humility and gentleness, with patience, bearing with one another in love, Ephesians 4:2 (ESV)*

- _____ the worth of others.
- _____ my strength to Christ's control.
- _____ to strike back at others.
- _____ with others lovingly.

2) _____ the Spirit's Unity.

Make every effort to keep the unity of the Spirit through the bond of peace. Ephesians 4:3 (NIV)

3) _____ the Triune Unity.

⁴ *There is one body and one Spirit—just as you were called to the one hope that belongs to your call—⁵ one Lord, one faith, one baptism, ⁶ one God and Father of all, who is over all and through all and in all. Ephesians 4:4-6 (ESV)*

- 1 _____ = 1 _____

- 1 _____ = 1 _____ = 1 _____ = 1 _____

- 1 _____.

4) _____ God's gifts of grace.

⁷ *But grace was given to each one of us according to the measure of Christ's gift. ⁸ Therefore it says, "When he ascended on high he led a host of captives, and he gave gifts to men." Ephesians 4:7-8 (ESV)*

- **Grace =** _____
- **God gave us** _____!

¹¹ *And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, Ephesians 4:11 (ESV)*

5) _____ in God's Purposes & Goals.

¹² *to equip the saints for the work of ministry, for building up the body of Christ, Ephesians 4:12 (ESV)*

- **Their Purpose – prepare me to** _____!
- **Their Goals -**

¹³ *until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ, Ephesians 4:13 (ESV)*

- **Unity in the** _____
- **Unity in the** _____
- _____
- _____ **Christ's fullness**